

## Self-Advocacy Strategies - *What Can You Do?*

**What YOU can do:** *Use your communication repair strategies!*

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| <input type="checkbox"/> If you aren't clear about homework or test instructions, <b>ask the teacher to repeat.</b> ("What page in the math book?")                                               |
| <input type="checkbox"/> <b>Raise your hand and let her know when it is too noisy.</b> ("I'm sorry Mrs. Lee, I'm having a hard time hearing you.")                                                |
| <input type="checkbox"/> <b>Close the door</b> if it is noisy in the hallway <b>or ask someone</b> who is making noise to be quiet. ("That makes it hard for me to hear. Could you please stop?") |
| <input type="checkbox"/> Every class changes activities. <b>Be sure you are ready</b> and watching the teacher to catch what she says.                                                            |
| <input type="checkbox"/> Remind your teacher to use the <b>FM microphone</b> and to pass it to the student who is answering a question.                                                           |
| <input type="checkbox"/> Use the <b>FM during small group</b> work; pass the microphone between the students in the group.                                                                        |
| <input type="checkbox"/> <b>Change your seat</b> if you need to be closer to the TV, computer, group or someone who is talking. Sit in front during an assembly and/or be sure the FM is used.    |

**What you AND your teacher working together can do:** *Discuss your strategies and needs first.*

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| <input type="checkbox"/> Develop a <b>signal system</b> with your teacher so you can let her know when you don't understand.                 |
| <input type="checkbox"/> Use your signal to let her know you <b>need the information to be repeated or summarized</b> after a student talks. |
| <input type="checkbox"/> Be sure the teacher knows you need to <b>see her face.</b>                                                          |
| <input type="checkbox"/> Remind her to use <b>closed captioning</b> for all TV, video streaming or computer information used in class.       |
| <input type="checkbox"/> Ask her to <b>write important information</b> , like homework, test instructions, or announcements on the board.    |
| <input type="checkbox"/> Work in a small group <b>in a quiet place</b> like the hallway                                                      |
| <input type="checkbox"/> <b>Arrange for notes</b> to be taken by another student or voice-to-text recordings made. Your job is to listen!    |
| <input type="checkbox"/> Remind her to use <b>closed captioning</b> for all TV, video streaming or computer information used in class.       |

**What you AND your friends working together can do:** *Let them know what you need!*

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| <input type="checkbox"/> <b>Ask a student neighbor</b> to explain the directions. ("Which part are we supposed to do first?")                                       |
| <input type="checkbox"/> If you miss information from student answers during a discussion, you can <b>ask a neighbor</b> to repeat.                                 |
| <input type="checkbox"/> <b>Remind your friends</b> that they may need to tap you to get your attention when it's really noisy if you are not watching their faces. |
| <input type="checkbox"/> When you are talking with friends and miss something, <b>ask them to repeat.</b> ("Practice is at what time?")                             |